



Miami Valley Career Technology Center Press Release

For Further Information Contact:

Kelly Herzog

MVCTC Public Information Coordinator

Phone - 937-854-6056

E-Mail – kherzog@mvctc.com

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MVCTC Local Culinary Arts Contest Winners Announced

Clayton, Ohio - Culinary Arts students at Miami Valley Career Technology Center (MVCTC) were recently announced as first place winners in the Local Family, Career, and Community Leaders of America (FCCLA) Contests. Winners of these local contests will compete at the Region 5 FCCLA Contest against students from Greene County Career Center, Upper Valley Joint Vocational School (JVS), and Greenville City Schools. The Region 5 Contest will take place on March 6, 2010 at Upper Valley JVS. Winners at the Regional Contest will then advance to the State FCCLA Competition this coming April.

The Culinary Team Event involves a four-person team with only three competing and the fourth person acting as an alternate. Contestants must demonstrate several culinary skills. First, in a 15-minute period, students must demonstrate their knife skills by cutting three of the seven cuts, which the judges select. Next, in a 75-minute period, students prepare a dinner for four that includes a soup, entree, starch, vegetable, and a dessert. The students must prepare each item to industry standards and serve it at the correct temperature. The time frame allowed includes all food preparation, cleaning, and sanitizing of the work areas. The food prepared must be plated and garnished so that there are four identical servings for the judges to taste for flavor, texture, consistency, and correct cooking method/technique.

The winners for the MVCTC Local FCCLA Culinary Team Event were seniors Marcell Dukes (Trotwood), Lauren Griffin (Miamisburg), Nick Spencer (National Trail), and Brittany Wagner (Tri-County North) as the alternate. Junior class

winners were Montell Johnson (Ponitz CTC), Cherie Lowrie (Miamisburg), Crystal Truesdale (Troy), and Shelby Wallace (Valley View) as the alternate.

MVCTC Junior Kelsey Hammons (Wayne) won the Local Pastry Arts Contest. The Pastry Arts Contest requires the contestants to present a finished cake decorated with a theme to the judges. Students are judged on taste, viscosity, moisture, flavor, and appearance.

MVCTC is very proud of our students and congratulates them on their great accomplishments.

February is Career and Technical Education (CTE) month, and MVCTC is the CTE center for 27-area high schools spanning Darke, Miami, Montgomery, Preble, and Carlisle schools in Warren County. MVCTC in partnership with these local communities provides challenging and relevant educational choices and advanced employment preparation for youth, adults, and organizations of the Miami Valley. MVCTC offers 50 career programs and an advanced academic foundation for high school juniors and seniors, as well as early college connections with several local universities. For more information about MVCTC, please visit www.mvctc.com.

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