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**MVCTC Senior, Denisha Leftrict, Finds her Dream Career**

Clayton, Ohio – Denisha Leftrict, a senior from Wayne in the Miami Valley Career Technology (MVCTC) Sports Medicine Program, is completing two very successful years at MVCTC. She will be graduating from Wayne High School this spring and will be receiving her Career Passport from MVCTC for successfully completing her career technical program. Denisha has been accepted to attend the Ohio State University in the fall and will be majoring in Dietetics, a career choice she credits MVCTC with helping her find.

Denisha came to the Sports Medicine program the only student in her class that was not actively involved in athletics, however she never let this detour her from reaching her goals. She quickly learned that her classmates in the Sports Medicine program and instructor, Matt Money, would support and push her to meet her goals. With each new lesson in class, Denisha would think she found the career she wanted to pursue, always showing enthusiasm and passion for each new experience. Finally, after the section on diet and successful projects at the State Science Fair, Denisha found her career path. She looks forward to studying Dietetics in the fall at the Ohio State University and in the future working towards a master's degree and becoming a licensed Dietician and specializing in helping people overcome eating disorders.

During her time at MVCTC, Denisha has been very involved. She was a member of the Health Occupations Students of America (HOSA) Chapter, a MVCTC Student Ambassador, and she was on the Honor Roll. Using the skills she learned in her Sports Medicine class, Denisha entered projects in the MVCTC Science fair (received superior scoring as well as Most Technical Award on my project "Does Snacking Have a Relation to BMI?"), the Montgomery County District Science Fair (received superior scoring on the same project), and the Ohio State Science Day (received excellent scoring).

Denisha will be leaving MVCTC with a total of 12 college semester hours on her transcript, and is also CPR certified and certified in the management of athletic

injuries. All accomplishments she earned while attending the Sports Medicine program at MVCTC.

When asked about her experience at MVCTC, Denisha shared, “My participation in the MVCTC Student Ambassador program has be one of the best things I have done in my high school career. Going to different schools to promote my MVCTC experience and to share what I have gone through to the underclassmen gave me a chance to connect with new people and to have great experiences with my fellow classmates.”

When asked which of her MVCTC instructors had the most impact on her success, Denisha shared, “By far that teacher would have to be my Sports Medicine instructor, Mr. Money. I know there are probably a lot of kids who say their teachers inspire them to keep going and to do their best, but this man is a different breed. He didn't inspire me, he dared me to be better than what I thought I could ever be in my career. He didn't encourage me, he told me I was better than what I could do. He has not only changed my study habits, but my outlook on life in general. He wants to instill discipline, but he also wants to cultivate compassion. There is hope that there are people out there who still care and have high expectations, and if I can be just a fraction of the professional he is, I would think of myself as a very accomplished person.”

For more information about MVCTC, please visit [www.mvctc.com](http://www.mvctc.com).

For over 40-years, MVCTC has been providing career technical education for 27 partner school districts encompassing five counties in Southwest Ohio. MVCTC is dedicated to providing in-demand workforce training for youth, adults, and organizations in the Miami Valley.

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Photo: MVCTC Sports Medicine student, Denisha Leftrict (Wayne) will be leaving MVCTC with 12 college credits, industry certifications, and ready to start at The Ohio State University in the fall.